## ABSTRACT OF THE DISCLOSURE

A vertical support beam is removably mounted flush against a wall between the ceiling and the floor in the interior of a dwelling structure. The beam is relatively thin, and is formed from a material, such as wood, to receive nails and screws for mounting common household objects such as mirrors and pictures directly to the beam and not the wall, to prevent damage to the wall. The outer surface of the beam is finished to blend in with the wall so that the beam is aesthetically pleasing in appearance in its operative position. The beam is not attached directly to the wall, the ceiling or the floor of the dwelling, and can be installed and removed without causing any permanent damage to these surfaces.